

PART 2 - Family Evaluation Debrief

Based upon the evaluation of the family what themes did we pick up on?

What was most positive about the evaluation?

What areas of concern arose from the evaluation?

Which questions were the hardest to answer?

Which questions were the easiest to answer?

What are the values of our family going to be?

What are our top 3-5 goals we need to approach as a family?

What is our single TOP priority this year?

What timelines do we need to have in place?

What resources/training do we need to see these goals come to pass?

What strategies and tactics do we need in our family to cultivate our values and see our goals come to pass?

Of all the balls we are juggling which ones are glass (important and cannot break) and which ones are rubber (if we drop them it's ok)?

Who is going to help hold us accountable for these goals?

When are we going to re-evaluate this list?

How will we celebrate when we achieve these goals?

FAMILY
Life Plan

PART 1 - Individual Evaluation

At the beginning of 2020 I heard a quote that I will never forget.

“If I ran my company like I ran my family I would be fired from my job...”

~ John Cruze

That quote really stuck with me. If I were to be honest there are a lot of times in my life that I am better at managing my ministry and professional life than I am in stewarding my family.

Most of us are responsible to develop vision, strategy and budgets for our jobs and/or our ministries. However, rarely do we take the time to ask the questions:

1. What is God's vision for my family this year?
2. What plans do we need to develop to help us achieve our goals and see God's plan realized in our family?
3. How can we prepare, budget, and gather resources to make this vision and plan a reality?

Below you will find an evaluation covering the major areas of our lives. These are areas in which we need to constantly evaluate, manage and prepare in order to achieve what God has called us to do both personally and as a family. Take the next several days to reflect and evaluate on the condition of your emotional and spiritual health, the state and condition of your family and pray to God for clarity in all of these following areas.

I would encourage you to NOT discuss anything you write down with your spouse at this time. Once you and your spouse complete the evaluation separately, plan a date night and use the "Debrief Questionnaire" to process through the evaluation. This will help you filter this evaluation into a workable template for your family.

I would also like to encourage you to take this serious. You will only get out of this evaluation what you put into it. The most important people in the world is your family and it is important to carve out time to evaluate the condition of your family. No one else can or will do this for you. Spend time to reflect, and be honest and transparent in your answers.

Personal - Family Evaluation:

After prayer and reflection please answer the following evaluation questions:

Education:

Academic achievements, college degrees, certifications, seminary, specialized courses.

What are some things I would like to learn in 2023 or the near future?

Finances:

Seminars, books, small groups, budgets, debts and savings.

How would I rate our current financial standing?

What would I like to see happen in our finances over the next 12 months?

Emotional:

How we express our emotions, self-concept, anger management.

On a scale of 1-10 how would I rate my emotional health?

What has been causing frustration lately?

What is bringing energy to my emotional health?

How is the emotional health of our family as a whole?

What are some things we need to do to eliminate frustration and add energy?

Personal Spiritual Health:

Our relationship with God, maturity, bible study, service in ministry and prayer.

On a scale of 1-10 how would I rate my Spiritual health?

What is the last big lesson I have learned from God?

Where do I feel I can grow in my spiritual walk?

Family, Kid's and Grandkids:

Family relationships, conflict resolution and quality time.

What was a highlight of our family in 2022?

What are the cultural traits in our home? (Both good and bad)

How are we actively disciplining our children?

How is the spiritual health of our family as a whole?

On a scale of 1-10 rate your family on conflict resolution:

On a scale of 1-10 rate how well you managed your time in order to spend quality time together:

In what ways did our family spend quality time together?

Which relationships are the strongest?

Which relationships need to be attended to?

Are we being balanced in our discipline towards our kids?

Are there extracurricular activities that are dominating too much of our time?

What is one thing you would like to see more of in your family in 2023?

What is God's vision for our family in this season?

Marriage:

The relationship in the home in all manners of intimacy: Spiritual, Physical Emotional

Our marriage is healthiest when:

Our marriage is tense when:

On a scale of 1-10 rate your emotional intimacy satisfaction:

On A scale of 1-10 rate you spiritual intimacy satisfaction:

On a scale of 1-10 rate your physical intimacy satisfaction:

What is one thing that I want to see more of in our marriage in 2023?

What is one thing I want to see less of in our marriage in 2023?

Ministry:

Your call in ministry, finding Gods will in your life, preparing yourself for what He is calling you to do.

Define your calling in this season in one sentence:

Define your spouses calling in this season in one sentence:

Define your family's calling in this season in one sentence:

Do you believe you, your spouse and your family are fulfilling God's call in this season?
Yes or No? Why or Why not?

Where do we sense God is leading us in the future? 5 years? 10 years?

Hobbies and Entertainment:

**Concerts, theater, sports, vacations and new skills.
Find moments to relax, to laugh and to have fun.**

I am most relaxed when I am:

Describe your (realistic) dream vacation for 2023:

Our family laughed the most when we:

If any what hobbies do you want to pick up in 2023?

What, if any, hobbies do you need to give up in 2023?

Health:

**Energy level, doctor's visits, exercise, rest, eating habits,
taking care of yourself and your appearance.**

On a scale of 1-10 rate your physical health:

Are you satisfied with your physical condition?

Are we getting enough rest in our lives? If not what changes need to be made?

Work:

**Career, training, job promotion, changes in career or job, conflict management.
Assess the time that we invest, too much or too little.**

Am I satisfied in my current professional role?

Yes or No? Why?

What is one learning moment I need to engage in to be better equipped to excel at my job?

What are your professional goals for the next 5 and 10 years?

What steps need to be taken to make that happen?

Social Life:

Friends, groups, dinners and parties. Having relationships with others for the goal of having fun to grow with each other. These are friends that are NOT part of our family.

Which relationships are most life giving in my life?

Which relationships are robbing me of my energy?

How am I actively being intentional in these relationships?

Do I need to add more or less energy to my relationships?

Which relationships are growing me closer to Christ?

Which relationships are drawing me farther from Christ?